## **After Your Chest Access is Removed**

• For 24 hours after your procedure you should have little activity. No heavy lifting or exercise for 24 hours.

Take it easy, reading, watching TV, sleeping.

You may get your dialysis.

- Keep your pressure dressing on for the first 24 hours.
- If you have bleeding from your procedure site, you need to SIT UP, and apply direct pressure over the site for 20 minutes; if you are still bleeding you should continue to apply direct pressure for another 20 minutes.

If you can not get the bleeding to stop please, call the physician on call at 248-424-5748 or go directly to the emergency room.

• On the day after your procedure you may shower, unless sutures were placed in your chest during your procedure.

If sutures were placed, your physician will tell you when you can start showering.

If you do have sutures placed they may be removed at your dialysis unit.

If you have any problems, questions or concerns, please call the office at 248-424-5748, or your dialysis unit.