

After Your Sclerotherapy Treatment

- Once home after your Sclerotherapy treatment you need to walk on a flat surface for 20 minutes.
- Starting on the day after your procedure you need to walk for 20 minutes 4 times a day for one week.
- After your Sclerotherapy, the bandages and/or stocking must be worn (24/7) for 48 hours. Do not change the bandage/stocking for 48 hours. After 48 hours, you will need to wear your compressive stockings during your waking hours only for 3 weeks.
- During the first 48 hours you may bag your leg to shower. Please keep the bandages and/or stocking dry.
- Take one 25mg Benadryl (an over-the counter medication) at bedtime the night of your procedure.
- After the first week you may exercise daily, providing the bandages and/or stocking does not get wet.
- Leg waxing and/or shaving can be performed only after a period of two weeks from your last treatment.
- When your treatment is completely finished you should wear compressive stockings, especially if your occupation requires long periods of standing, walking and/or lifting.
- You may have more veins treated (depending on your physician's advice and your insurance approval) in two weeks. You will need to check with your insurance company to verify your requirements.
- Over the long-term, we recommend that you continue to wear compressive stocking as much as possible to prevent new varicose veins. It is important for you to realize that after injection treatment of these veins, it is possible for them to recur.
- Please call the office if you have any questions or concerns at 248-424-5748.